**LIFE - Learn to Integrate the Family into the Environment**

**GRUNDTVIG - Baião, Portugal**

**activity programme**

**October 9th (Tuesday)**
Arrival

**October 10th (Wednesday)**
9.30 Working session including breakfast
11.00 Reception by the Mayor, in the Town Hall
12.30 Lunch at “Churrasqueira”.
14.30 Reception/visit at school.
15.30 Visit to some important monuments in Baião (Casa de Tormes and Ancede)
19.30 Welcome dinner in Ancede with Portuguese families part of the Project

**October 11th (Thursday)**
09.30 Activities in Serra da Aboboreira
12.30 Lunch at “Barriga Farta”
14.00 Visit to Douro riverside and a typical vineyard
20.00 Dinner at “Pensão Borges”
22.30 Party/Fiesta at “Lareira Café”

**October 12th (Friday)**
09.30 Work meeting
12.30 Lunch at “Avó Salvador”
14.00 Activities at Reixela oak tree
20.00 Dinner at “Tasquinha do Fumo”
21.30 Night Activities – Archeological site of Chã da Parada

**October 13th (Saturday)**
08.30 Visit to Oporto
13.00 Lunch at local restaurant
15.00 Visit to the Port Wine Cellars, cruise between Porto bridges
18.00 Visit to “Porto de Baião”
20.30 – Farewell Workshop/Dinner at “A Casa do Lavrador”

**October 14th (Sunday)**
Departure